

**PSYCHOANALYTIC COUPLE AND FAMILY INSTITUTE OF
NEW ENGLAND**

A Post-Graduate Program in Couple Therapy

The Psychoanalytic Couple and Family Institute of New England offers a training program in couple therapy for clinicians who want to expand their clinical skills in this area. We will explore multiple perspectives and draw on various theoretical models that extend the horizons of psychoanalytic thinking to include the treatment of couples.

The PCFINE faculty will present an approach that includes psychoanalytic ways of understanding unconscious functioning in couples and systemic insights into the organization and structure of interpersonal conflict. In addition to training in couple therapy, this program will enhance one's capacity to recognize and address relational and contextual issues in the treatment of individual patients.

The training program will help therapists shift among multiple theoretical concepts and understand the couple situation from individual, interpersonal and systemic perspectives. It will teach a range of skills, among them the ability to contain intense affects, to move empathically between the couple's conflicting perspectives and their differing needs and to provide new relational experiences and a model for adaptive relating.

COURSE DESCRIPTION

PCFINE has offered training in couple therapy for over a decade. The PCFINE Couple Therapy Program is a one year training program in couple therapy, with an optional second year, for clinicians who want to expand their clinical skills in working with couples. Classes meet on Sunday mornings, from 9:00 to noon, once a month, from September to May and are held at the homes of the coordinators. There are a total of 10 sessions with two longer sessions, at the beginning and end of the program. There is an initial orientation brunch the Sunday prior to the first class.

In addition, students will participate in a two-hour monthly small group case discussion with a senior faculty member. Small group meeting times will be arranged prior to the orientation.

Sample topics covered in the first year class include:

- Psychoanalytic approaches to couple therapy
- Other major frameworks: systems theory, attachment theory and neuroscience
- Normal and dysfunctional development in couples
- Role of couple therapist: assessment and formulation of goals, building bilateral alliances
- Transference and countertransference in couple therapy
- Holding and containment: interrupting destructive cycles, building empathy, elucidating projections
- Identifying and altering dysfunctional systemic patterns, fostering communication and new ways of relating
- Integrating theory and practice around specific treatment dilemmas

Learning objectives and class schedule available at www.pcfine.org.

The second year focuses on specific topics which include:

- Working with the therapist's self
- Therapeutic impasses
- Infidelity
- Separation and divorce
- Working with gay and lesbian couples
- Brief treatment
- Termination

TUITION AND FEES

A non-refundable deposit of \$100 is due with the application. The annual fee is \$1500. Private supervision can be arranged at a reduced fee with any of the faculty.

CONTINUING EDUCATION CREDITS

Application has been made to the American Psychological Association for Continuing Education Credits. Social Workers may call 781-433-0906 to get the authorization number.

FACULTY

Susan Abelson, Ph.D.
Stephanie Alder, Ph.D.
Sally Bowie, LICSW
Ruth Chad, Ed.D.
Deborah Clendaniel, LICSW
Arnold Cohen, Ph.D.
Andrew Compaine, M.D.
Eleanor Counselman, Ed.D.
Diane Englund, LICSW
Jerome Gans, M.D.
Virginia Goldner, Ph.D.
Luanne Grossman, Psy.D.
Arthur Klein, Ph.D.
Steven Krugman, Ph.D.
Ira Lable, M.D.
Carolynn Maltas, Ph.D.
Justin Newmark, Ph.D.
Jacqueline Olds, M.D.
Anna Ornstein, M.D.
Barbara Pizer, Ed.D.
Stuart Pizer, Ph.D.
Kenneth Reich, Ed.D.
Sharon Roberts, Ph.D.
Susan Rosbrow-Reich, Ph.D.
Richard Schwartz, M.D.
Joseph Shay, Ph.D.
Gerald Stechler, Ph.D.
Jennifer Stone, Ph.D.
Steven Zeitlin, Ph.D.

**APPLICATION FOR
ONE-YEAR PROGRAM**

Name _____

Address _____

City _____ State _____ ZipCode _____

Degree _____ Profession _____

Phone -- Work _____

Home _____

Email _____

Years of Experience in Profession _____

Students must be independently licensed mental health professionals. Please submit certificate of mal-practice insurance, copy of license, and a current curriculum vitae.

Call Alice Rapkin, PCFINE Administrator, with any questions at 781-433-0906, or send her an email at pine@analysis.com.

Return completed application form with supporting documents and non-refundable deposit of \$100 to:

**PCFINE
PO Box 920781
Needham, MA 02492**